

4/30/24 A+



# Shepherd's Pie for Two

**SERVES** Serves 2

**TIME** 1¼ hours

## Why This Recipe Works

Using a 10-inch skillet to cook the pie's bottom layer helped create an even meat-to-potato ratio. Any larger and the depth would cause the pie to be too shallow. Using the...



## Gather Your Ingredients

- ☐ 1 pound russet potatoes, peeled and cut into 1-inch pieces
- ☐ Salt and pepper
- ☐ ⅓ cup half-and-half
- ☐ 5 tablespoons unsalted butter
- ☐ 2 carrots, peeled and chopped
- ☐ 1 small onion,

## Before You Begin

- \* If desired, you can omit the carrots called for here and substitute 1 ½ cups of frozen peas and carrots for the frozen peas. Stir them in at the end of step 3.

## Instructions

1. Combine potatoes and 1 tablespoon salt in medium saucepan and cover with water by 1 inch. Bring to boil over medium-high heat and cook until tender, 10 to 12 minutes. Drain potatoes and return them to saucepan. Add half-and-half, 4 tablespoons butter, and ¼ teaspoon pepper and, using potato masher,



chopped fine

- ☐ **12** ounces 85 percent lean ground beef
  - ☐ **1** tablespoon tomato paste
  - ☐ **1** large garlic clove, minced
  - ☐ **1** teaspoon minced fresh thyme
  - ☐ **1** tablespoon all-purpose flour
  - ☐  $\frac{1}{2}$  cup chicken broth
  - ☐  $\frac{1}{4}$  cup dry white wine
  - ☐ **2** teaspoons soy sauce
  - ☐ **1** cup frozen peas
- 2.** Melt remaining 1 tablespoon butter in 10-inch skillet over medium heat. Add carrots and onion and cook until softened, about 4 minutes. Add beef,  $\frac{1}{2}$  teaspoon salt, and  $\frac{1}{4}$  teaspoon pepper and cook, breaking up meat with spoon, until beef is no longer pink, 4 to 6 minutes.
  - 3.** Stir in tomato paste, garlic, and thyme and cook until fragrant, about 1 minute. Stir in flour and cook for 1 minute. Stir in broth, wine, and soy sauce, scraping up any browned bits. Bring to simmer and cook, stirring occasionally, until mixture has thickened slightly, 1 to 2 minutes. Stir in peas and remove from heat.
  - 4.** Adjust oven rack 5 inches from broiler element and heat broiler. Using spoon, dollop potato mixture evenly over filling and smooth into even layer. Pressing gently, drag tines of fork across surface of potato mixture to make ridges. Transfer skillet to oven and broil until topping is golden brown, 5 to 7 minutes. Let cool for 10 minutes. Serve.